

# 2010 SUMMER CAMPS SOFTBALL



## **FASTPITCH CAMP**

(Offense and defense position work)

**Ages 8 and up - Campers must be at least 12 years old to stay in the dorms as an overnight camper**

This camp will provide intense instruction to players of all positions. Skills learned throughout the day will be put together during scrimmage games which will be played in the evening sessions.

### PITCHERS (offense included)

Our pitching instruction will stress the fundamentals of throwing fastpitch and will be geared toward increasing speed and gaining control of their pitches. Pitchers will also have an opportunity to expand their pitching repertoire. Several different grips and techniques of throwing the drop ball, curve ball, change-up, screwball, and rise ball will be presented. The purpose and strategy of each pitch will be discussed.

### CATCHERS (offense included)

Our catching instruction will focus on the proper defensive techniques of the catching position. Catchers will receive instruction on stance, blocking balls, throwing to bases, pop-ups, signal calling, and knowledge of the strike zone rules. Game defensive strategy will also be discussed.

### INFIELDERS/OUTFIELDERS (offense included)

Our fielding instruction will focus on the various defensive techniques for infield and outfield positions. Instruction for all fielders will include throwing, fielding, and position work. Team defensive strategy and play making will also be discussed.

### OFFENSIVE BREAKDOWN (sliding, base running included)

Hitting instruction will emphasize proper hitting technique. Athletes will have a chance to practice the proper hitting techniques through various drills including t-work, soft toss, hitting machines, etc. Bunting and slapping will be instructed.

## **LITTLE BUCKEYES DAY CAMP**

**Ages 6-11**

Instruction will be geared toward the younger or beginner softball player. The skills of infield, outfield, pitching and catching will be instructed. Offense (including sliding, hitting, bunting and base running) will also be emphasized with the consideration of the ability level of each participant.

## **FASTPITCH JUNE 20-23**

## **LITTLE BUCKEYES JUNE 20**

### **FASTPITCH CAMP SCHEDULE**

Sunday, June 20th  
 5:00 - 6 p.m.....Check-in  
 7-8:30 p.m.....Session 1  
 Monday, June 21st  
 10 - 12:30 p.m.....Session 1  
 2 - 4:30 p.m.....Session 2  
 6:30 - 8 p.m.....Session 3  
 Tuesday, June 22nd  
 10 - 12:30 p.m.....Session 1  
 2 - 4:30 p.m.....Session 2  
 6:30 - 8 p.m.....Session 3  
 Wednesday, June 23rd  
 10 - Noon.....Session 1  
 1 - 2:30 p.m.....Session 2  
 2:30 - 3:30 p.m.....Check-out

### **LITTLE BUCKEYES CAMP SCHEDULE**

12:30 - 1 p.m.....Check-in  
 1 - 4 p.m.....Camp  
 4 p.m. ....Check-out

## **ADDITIONAL INFORMATION**

- Overnight campers stay in the same residence halls as Ohio State students and will be supervised at all times in residence halls.
- All meals are included for overnight campers. Lunch and dinner will be provided for commuters.
- A camp t-shirt is included in the cost of the camp.
- A certified athletic trainer will be available at all sessions.

Register online at  
[OhioStateBuckeyes.com/camps](http://OhioStateBuckeyes.com/camps)

## **MORE INFORMATION**

Ohio State Softball  
 Email: [softball@osu.edu](mailto:softball@osu.edu)

Buckeye Sports Camps  
 E-mail: [buckeyecamps@osu.edu](mailto:buckeyecamps@osu.edu)  
 Phone: 614-247-CAMP (2267)

**REGISTRATION**

Complete a separate registration form for each camper.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: ( \_\_\_\_\_ ) \_\_\_\_\_

Cell Phone: ( \_\_\_\_\_ ) \_\_\_\_\_

Email: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Parent/Guardian Phone: ( \_\_\_\_\_ ) \_\_\_\_\_

School: \_\_\_\_\_

High School Coach: \_\_\_\_\_

Grade (fall 2010): \_\_\_\_\_ Age: \_\_\_\_\_ Birthdate: \_\_\_\_\_

T-shirt Size (circle one):      Adult   XS   S   M   L   XL

Primary Position (circle one):    P   C   1B   2B   3B   SS   OF

Roommate Preference: \_\_\_\_\_

I would like to receive further information about Ohio State Softball events.



Please check all appropriate sessions.

Little Buckeyes Camp (June 20).....\$75

Fastpitch Camp (June 20-23)

Overnight.....\$375

Day .....\$275

**OPTION 1: Check or Money Order**

Make checks payable to:      The Ohio State University

Mail application to:              Softball Summer Camps  
 Jack Nicklaus Museum  
 2355 Olentangy River Road  
 Columbus, OH 43210

**OPTION 2: Online Registration**

To register online, please visit [OhioStateBuckeyes.com/camps](http://OhioStateBuckeyes.com/camps)  
 [A processing fee will be added to all online registrations.]



**CAMP STAFF**



**LINDA KALAFATIS**  
Ohio State Head Coach



**ALI VIOLA**  
Ohio State Asst. Coach



**ERICA BEACH**  
Ohio State Asst. Coach

**WHAT TO BRING TO CAMP**

Softball equipment should include glove, batting glove, helmet and a bat. Catchers should bring their own equipment. Workout clothes should include: gym shoes, cleats, socks, shorts, t-shirt, sweats and a jacket. Pitchers should bring their own ball (since they may use a different ball and the younger players use an 11" ball). Be sure to label all equipment and personal items. OSU will not be responsible for any lost or stolen items.

In addition to these items, overnight campers should also bring additional clothes for free time and recreational activities. Miscellaneous items should include: towels, toiletries, alarm clock, radio, books, sun block, etc.

**CONSENT FORM**

A parent consent form is REQUIRED for all participants. Visit [OhioStateBuckeyes.com/camps](http://OhioStateBuckeyes.com/camps) to obtain the form. Please complete, sign and send the form with your child to check-in - do not send the form to us prior to the camp. Players will not be permitted to participate without this form.

**CONFIRMATION**

Upon processing of each registration, an initial confirmation notice will be sent by email. A follow-up confirmation notice will also be mailed to campers. "Important Information for Registered Campers" (including a Parent Consent Form) will also be posted on the Buckeye Sports Camps webpage at [OhioStateBuckeyes.com/camps](http://OhioStateBuckeyes.com/camps). Each camp participant should review this document prior to coming to campus.

**REFUNDS**

**Fastpitch Camp**

A full refund will be issued less a \$75 administrative fee for any cancellation received at least 2 weeks prior to the start of the camp.

**Little Buckeyes Camp**

A full refund will be issued less a \$25 administrative fee for any cancellation received at least 48 hours prior to the start of the camp.

Cancellation notices and refund requests must be submitted on the Refund Request Form available at [OhioStateBuckeyes.com/camps](http://OhioStateBuckeyes.com/camps) no later than August 31, 2010. *The registration fee cannot be transferred to any other Ohio State sports camp or campers.*